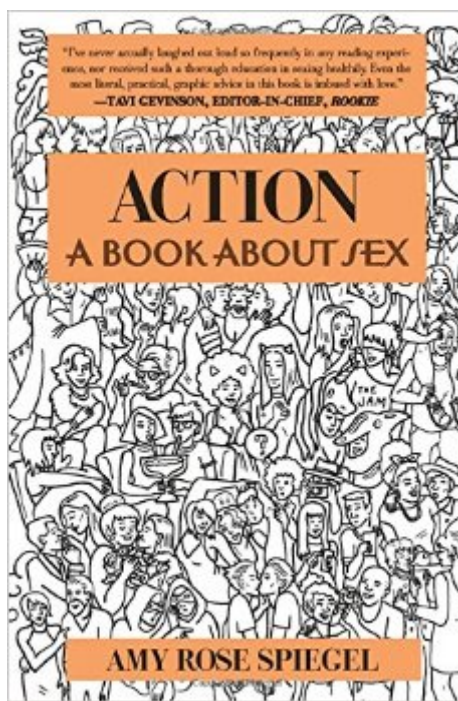


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# Action: A Book About Sex



## Synopsis

With whip-smart prose, reminiscent of Roxane Gay and Meghan Daum, ACTION interweaves Spiegel's own sexual autobiography with loving advice on one-night stands, relationships, and everything in between. ACTION is a book about sex that people won't feel embarrassed about owning. There are absolutely zero provocatively shaped fruit on the cover, for one. In ACTION, Amy Rose Spiegel exhorts you to trust yourself and be respectful of others--and to have the best possible time doing the things you search for on the Internet, except in reality. The book covers consent, safety, group sex, gender, and the best breakfast to make for a one-night stand. Spiegel also includes dissections of threesomes, how to pick people up without being a skeezer, celibacy as a display of autonomy, and, of course, how to clean your room in 10 minutes if a devastatingly lovely side-piece is about to stop by. All told, ACTION totally doesn't think it's weird that you want to try that thing together. In fact, ACTION is very into it.

## Book Information

Paperback: 240 pages

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Language: English

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Product Dimensions: 5.2 x 0.6 x 8 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (14 customer reviews)

Best Sellers Rank: #66,851 in Books (See Top 100 in Books) #108 in [Books > Humor &](#)

[Entertainment > Humor > Self-Help & Psychology](#) #150 in [Books > Health, Fitness & Dieting >](#)

[Psychology & Counseling > Sexuality](#) #264 in [Books > Self-Help > Sex](#)

## Customer Reviews

Amy Rose is the funny, warm good friend or big sister you turn to talk about sex with. This book is open-minded, honest and fun to read. Easily the most comprehensive and entertaining advice on the topic I've ever read.

I've really enjoyed this book. It's like having a conversation with a good friend. Amy Rose Spiegel is candid, honest, informative and funny when she writes about sex and all the feelings, fun and fluids it influences. I would have really benefited from this book when I was a teenager. I'm 44 and I am

still benefiting from it.

I learned more about sex from this book than I have from 25 years of personal experience. I'm quite appreciative of the chance to learn about new generations and what they're doingâ "CRAZY!!â "plus the author is hilarious and erudite and I couldn't put it down. Now, to find some men my age adventurous enough to apply what I've learned...

you get exquisitely crafted insights from one of this generation's sharpest and most generous writers, AND it makes u good @ boning. this book stinkin' rocks.

Fun, funny, honest, and warm... The author guides you to self-acceptance and then suggests how to find a partner, or two, or...The "how-to" section might be for you, if you need a bit of encouragement to try something new. This is not just a book about sex, it's a book about healthy, happy living.

Informative, insightful, hilarious celebration of humans/love/sex/and bods. Amy Rose gives you the sex talk you wish you had years ago in high school.

Sexy. Funny. Captivating. Informative.... I could not put it down, it's almost like it was glued to my hands. I'm going to go read it again now, Bye!

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